

May 2019





| Workshop name | Location and | Dates | Time |
|---|---|---|------------------|
| Anxiety, Low Mood and Resilience in Young People | Shoreham Centre - Shoreham | 3 rd May 2019 | 13:30- 15:30 |
| Introduction to Attachment | Roffey Millennium Hall, Horsham | 8 th May 2019 | 10:00 – 13:00 |
| Bullying in Primary Aged Children | Barnham Community Centre, Barnham | 14 th May 2019 | 10:00 – 13:00 |
| Insiders Guide for parents of children with ADHD– 6 week course | Billingshurst Community Centre - Billingshurst | 10 th 17 th 24 th May 7 th 14 th 21 st June 2019 | 09:30 – 12:30 |
| Reasonable Adjustments – Jargon Busting | Worthing, Field Place | 16 th May 2019 | 14:00 – 17:00 |
| Autism, Adolescents and Education | Horsham, Roffey Millennium Hall | 17 th May 2019 | 10:00 – 13:00 |

Must be booked through our Eventbrite page here:

https://coastalwestsussexmind.eventbrite.com

For More Information feel free to contact us:

01903 277010 or training@coastalwestsussexmind.org